

“Love Lifted Me Recovery Ministries”

Favorite Psalms Bible Study - Part 1

Psalm 34:1-11

Lesson #9

**INSTRUCTIONS: Read the entire section of Scripture in Psalms before starting to look up the other Scripture verses and filling in the blanks. Pray and ask the Holy Spirit to give you understanding as you read God's word. Most Scriptures are from the New King James Version.

1-3 I will bless the Lord at all times; **His PRAISE shall CONTINUALLY be in my MOUTH.** My soul shall make its boast in the Lord; the humble shall hear of it and be glad. **Oh, MAGNIFY the LORD with ME, and LET us EXALT His NAME together.**

•**Psalm 8:1** “O Lord, our Lord, how _____ is Your _____ in all the _____, You who set Your _____ above the heavens!”

•**Psalm 113:4** “The _____ is _____ above all nations, and His _____ above the _____.”

•**Psalm 35:27** “Let them _____ for _____ and be _____, who favor my righteous cause; and let them say _____, the _____ be _____, who has pleasure in the prosperity of His servant.”

Definition: “MAGNIFY the LORD with ME, and LET us EXALT His NAME together” – To “magnify” something means to make it look larger, and to “exalt” someone means to lift them up higher. In reality, **we cannot make God any bigger, larger or greater and higher than He already is**, but when we “magnify His name” or “exalt His name” we are saying to OURSELVES that He is higher and greater than anyone or anything. **Sometimes, we make God too small in our own eyes, or in our own thinking**, and we need to praise Him and meditate on His name, and on how great and mighty and wonderful He is, in order to see Him as He really is.

•**Psalm 148:13** “Let them _____ the _____ of the _____, for his name alone is _____; His _____ is _____ the _____ and _____.”

•**Luke 1:46-47** “And Mary said, ‘My soul _____ the _____, and my _____ has _____ in God my _____.’”

Definition: “How EXCELLENT is Your NAME in all the EARTH” – This is one way that we praise and worship God, by saying back to Him how wonderful He is, and listing His qualities that make Him God. We are commanded **to be thankful and praise the Lord at all times**, but a life of praising God is also beneficial to us. We no longer bring animal sacrifices to God as part of our worship and praise. For us today, as Believers under the New Covenant (New Testament) the sacrifices that please God are the SACRIFICES of our PRAISE.

•**Hebrews 13:15** “Therefore by Him (Jesus Christ) let us continually _____ the _____ of _____ to God, that is the _____ of our _____, giving _____ to His name.”

•**Psalm 50:23** “Whoever offers _____ glorifies Me, and to him who orders his conduct aright I will _____ the _____ of God.”

•**Psalm 57:5** “Be _____, O _____, above the _____; let Your _____ be _____ all the earth.”

•**Ephesians 5:19-20** “Speaking to one another psalms and hymns and spiritual songs, _____ and making melody in your _____ to the _____ Giving _____ for _____ things to _____ the Father in the name of our Lord Jesus Christ,”

• **I Thessalonians 5:18** “In everything _____; for this is the _____ of God in Christ Jesus for _____.”

• **Acts 16:24-25** “Having received such a charge, he put them into the inner _____ and fastened their feet in the stocks. But at midnight Paul and Silas were _____ and _____ to God, and the [other] prisoners were _____ to them.”

4-6 I sought the Lord, and He heard me, and **DELIVERED me from ALL my FEARS**. They looked to Him and were radiant, and **their FACES were not ASHAMED**. This poor man cried out, and the Lord heard him, and saved him out of all his troubles.

• **Philippians 4:6-7** “Be _____ for _____, but in _____ by _____ and supplication, with thanksgiving, let your _____ be made known to God; and the _____ of God, which surpasses all understanding, will guard your hearts and minds through _____.”

Definition: “DELIVERED me from ALL my FEARS” – We all have worries and fears in this life, but if we really TRUST in the LORD, and give Him all our burdens of worry and fear, He will take care of us.

• **II Timothy 1:7** “For God has _____ give us a _____ of _____, but of _____ and of _____ and of a sound mind.”

• **Psalms 27:1 & 3** “The Lord is my light and my salvation; whom shall I _____? The Lord is the strength of my life; of whom shall I be _____?” “Though an army should encamp against me, my _____ shall not _____; though war should rise up against me, in this will I be confident.”

• **Matthew 14:27** “But immediately Jesus spoke to them, saying, ‘Be of good cheer! It is I; do _____ be _____.’”

• **Psalms 55:22** “Cast your _____ on the _____, and He shall sustain (keep you going, strengthen) _____; He shall _____ permit the righteous to be moved.”

Definition: “Their FACES were not ASHAMED” – There are two meanings of “being ashamed”: one is to be disappointed in something, and the other is to have someone be disappointed in you. **When we fully TRUST God, we will NOT be DISAPPOINTED in Him, and if we OBEY Him and follow Him in everything we do, He will NOT be DISAPPOINTED IN US.**

• **Romans 9:30** “As it is written, ‘Behold, I lay in Zion a stumbling stone and rock of offense, and whoever _____ on _____ will _____ be put to _____.’”

• **Romans 10:9-11** “That if you confess with your mouth the Lord _____, and _____ in your _____ that God has raised Him from the dead, you will be _____. For with the heart one _____ to righteousness, and with the mouth _____ is made to _____. For the Scripture says, ‘Whoever _____ on _____ will _____ be put to _____.’”

• **I John 2:28** “And now, little children, abide in Him, that when He _____, we may have confidence and _____ be _____ before Him at His coming.”

• **Philippians 1:20-21** “According to my earnest expectation and _____ that in _____ I shall be _____, but that with all boldness, as always, so now also _____ will be _____ in my body, whether by life or by death. For to me, to live is _____, and to die is gain.”

7-10 **The ANGEL of the LORD encamps all around those who FEAR Him, and DELIVERS them.** Oh, taste and see that the Lord is good; blessed is the man who trusts in Him! **Oh, FEAR the LORD, you His saints! There is NO WANT to those who FEAR Him.** The young lions lack and suffer hunger; but those who seek the Lord shall not lack any good thing.

•**Psalm 103:20** "Bless the Lord, you His _____, who excel in _____, who _____ His _____, heeding (obeying) the voice of His _____!"

•**Hebrews 1:6-7** "But when He again brings the firstborn into the world, He says, 'Let all the _____ of God worship Him.' And of the _____ He says, 'Who makes His _____ spirits and His ministers a flame of fire.'"

•**Hebrews 1:14** "Are they (the angels) not all ministering _____, sent forth to minister (render service) for (on behalf of) _____ who will inherit _____?"

Definition: "The ANGEL of the LORD encamps all around those who FEAR Him, and DELIVERS them" – God's angels are mighty and powerful beings, and their main job is to worship and obey God, but also to protect us human beings, especially the ones who are Believers in Jesus Christ. As **Believers in Jesus Christ, we do have something that the angels do NOT have**, and that is that we can actually experience God's salvation. The angels can only LOOK ON and WONDER about God's salvation to us human beings. They **don't UNDERSTAND the gospel from a personal point of view.** Why? Because the angels that serve God never sinned, so they don't need a way to be saved. Therefore, it is hard for them to understand us, and they **"DESIRE to LOOK INTO"** and understand the gospel and the way that God saves us poor, sinful human beings. Also, **ANGELS DON'T have AUTHORITY OVER SATAN (only Christians do).** Satan and his angels were originally created the same as God's angels, but they rebelled against God. **For the Christian's authority over Satan, see Luke 10:18-20, Matt. 16:19, Matt. 18:18, Acts 16:18, Mark 16:17-18, Mark 6:7, Acts 8:5-7.**

•**I Peter 1:12** "To them it was revealed that, not to themselves, but to us they were ministering the things which now have been reported to you through those who have _____ the _____ to you by the Holy Spirit sent from heaven – things which _____ desire to _____."

•**Jude 9** "But Michael the _____, when he disputed with the _____ and argued about the body of Moses did _____ pronounce against him a railing judgment, but said, 'The _____ rebuke you.'"

•**Psalm 91:11-12** "For He will give His _____ charge over you, to _____ (guard) you in all your ways. They will bear you up in their _____, lest you strike your foot against a stone."

Definition: "FEAR the LORD, you His saints! There is NO WANT to those who FEAR Him" –

The "Fear of the Lord" is mentioned many times in the word of God, especially in the Old Testament. It means **reverential AWE and RESPECT for God**, especially as EVIDENCED by OBEDIENCE to His commands and DOING His will. The New Testament equivalent is HOLY living, being filled with the Spirit, and "walking in a manner worthy of the Lord." Some people have trouble with the concept of FEARING God, because it seems like a negative thing, or has connotations of punishment or abuse from a parent in their childhood. If this is your case, whenever you see the words "fear of the Lord" or "fear God" just substitute "obedience to the Lord" and "OBEY God."

Some people just don't like the idea of fearing God, because they want a "touchy-feely" religion, and want to think of God ONLY as a loving, indulgent Heavenly Father. Well, God IS a loving God, but He is not indulgent - **He practices "tough love."** There are negative consequences for disobeying God, just as there are positive consequences (blessings) for obeying God. Since the fear of the Lord is the knowledge and wisdom of God, **it is the opposite of thinking you know it all.** Proverbs 1:31 talks about those who will be "filled with **their own** devices" and Proverbs 3:7 says to "be not **wise in your own eyes**" but rather "FEAR the LORD and depart from evil." Those who fear the Lord hate evil, they are open and ready to REPENT whenever they are reproved by God (shown to be wrong), and they listen and incline their ears to His instruction. **Positive Consequences of Fearing God** - Walking in the fear of the Lord is the way to have a pure and holy life before God. If you CHOOSE to live and walk in the fear of the Lord, you are promised **a long, satisfying life filled with the blessings of God.** You will have knowledge of God, and knowledge, understanding and wisdom in dealing with the affairs of this life. You will have all the angels of God as your protection from evil in this world. **God will answer your prayers, keep you from temptation, and you will receive mercy, honor, blessing, and forgiveness of sins. This Scripture in Psalms also promises us that God will supply all our WANTS and NEEDS.**

• **Philippians 4:19** "And my _____ shall _____ all your _____ according to His riches in glory by _____."

• **Deuteronomy 6:2** "That you might _____ the _____ your _____, to keep all His statutes and His commandments..... that your _____ may be _____."

• **Psalms 19:9-14** "...the commandment of the Lord is pure.....the _____ of the _____ is _____.....by them is Your servant warned, and in keeping them is great _____. Keep Your servant from presumptuous _____; let them not have dominion over me."

• **Proverbs 16:6** "By mercy and truth iniquity (sin) is purged (cleansed); and by the _____ of the _____ men _____ from _____."

• **Psalms 31:19** "O how great is Your _____, which You have laid up for them that _____ You, which you have wrought for them that _____ in _____ before the sons of men!"

• **Psalms 33:18-19** "Behold, the _____ of the _____ is upon them that _____ Him, upon them that _____ in His _____, to _____ their soul from death, and to keep them _____ in _____."

11 Come, you children, listen to Me; **I will TEACH you the FEAR of the LORD.**

• **Psalms 111:10** "The _____ of the _____ is the beginning of wisdom; a good understanding have all those who _____ His commandments."

• **Proverbs 9:10** "The _____ of the _____ is the beginning of _____, and the knowledge of the Holy One is understanding."

Definition: "I will TEACH you the FEAR of the LORD" - When we first get saved, we are "baby Christians" and we need to be TAUGHT many things about God and His word. Teaching a new believer to "fear the Lord" is one of those things. You don't have to know a lot of Bible - even the most "brand new" baby Christian **can choose to walk in the fear of the Lord.** In fact, the fear of the Lord is the BEGINNING of all wisdom and knowledge of God for the new Christian. As we OBEY God's commands that we see **in His word**, even the simplest ones, He will REVEAL **more of His will** for our lives to us. Why should He give us more detailed information if we don't even obey His will that is revealed in His word? God's word says the person who does NOT choose the fear of

the Lord is a **FOOL** who enjoys wallowing in his own ignorance!

•**Proverbs 18:2** “A _____ has no delight in _____, but [*only*] in expressing his own heart (his own feelings and opinions).”

•**Proverbs 12:15** “The way of a _____ is right in his _____ eyes, but he who heeds (obeys) counsel is _____.”